

The background of the entire page is a repeating pattern of teal line-art illustrations of roses and leaves. The roses are in various stages of bloom, and the leaves are detailed with veins. A large, solid teal circle is centered on the page, containing the text.

# My Garden

# MY GROWING Season

**MY ZONE**

**AVERAGE FIRST FROST DATE**

**AVERAGE LAST FROST DATE**

# COOL VS. WARM

## Crops

### COOL-WEATHER CROPS

- Asparagus
- Beets
- Broccoli
- Brussels Sprouts
- Cabbage
- Carrots
- Cauliflower
- Celery
- Chard
- Collard greens
- Garlic
- Kale
- Leeks
- Mustard greens
- Onions
- Peas, sweet
- Potatoes
- Radish
- Rhubarb
- Spinach
- Turnip

### WARM-WEATHER CROPS

- Cantaloupe
- Cucumber
- Green Beans
- Eggplant
- Field Peas (*black-eyed peas, purple-hull peas, etc*)
- Peppers
- Pole Beans (*lima, pinto, black, etc*)
- Pumpkin
- Sweet Corn
- Sweet Potato
- Tomato
- Watermelon
- Winter Squash
- Yellow Squash
- Zucchini

# GARDEN DATES

JANUARY	FEBRUARY	MARCH
APRIL	MAY	JUNE
JULY	AUGUST	SEPTEMBER
OCTOBER	NOVEMBER	DECEMBER

# COMPANION *Planting*

## EVERYONE'S BESTIES

- Basil\* (\*Exception: Don't plant near other herbs or cucumbers)
- Marigolds
- Nasturtiums
- Zinnias

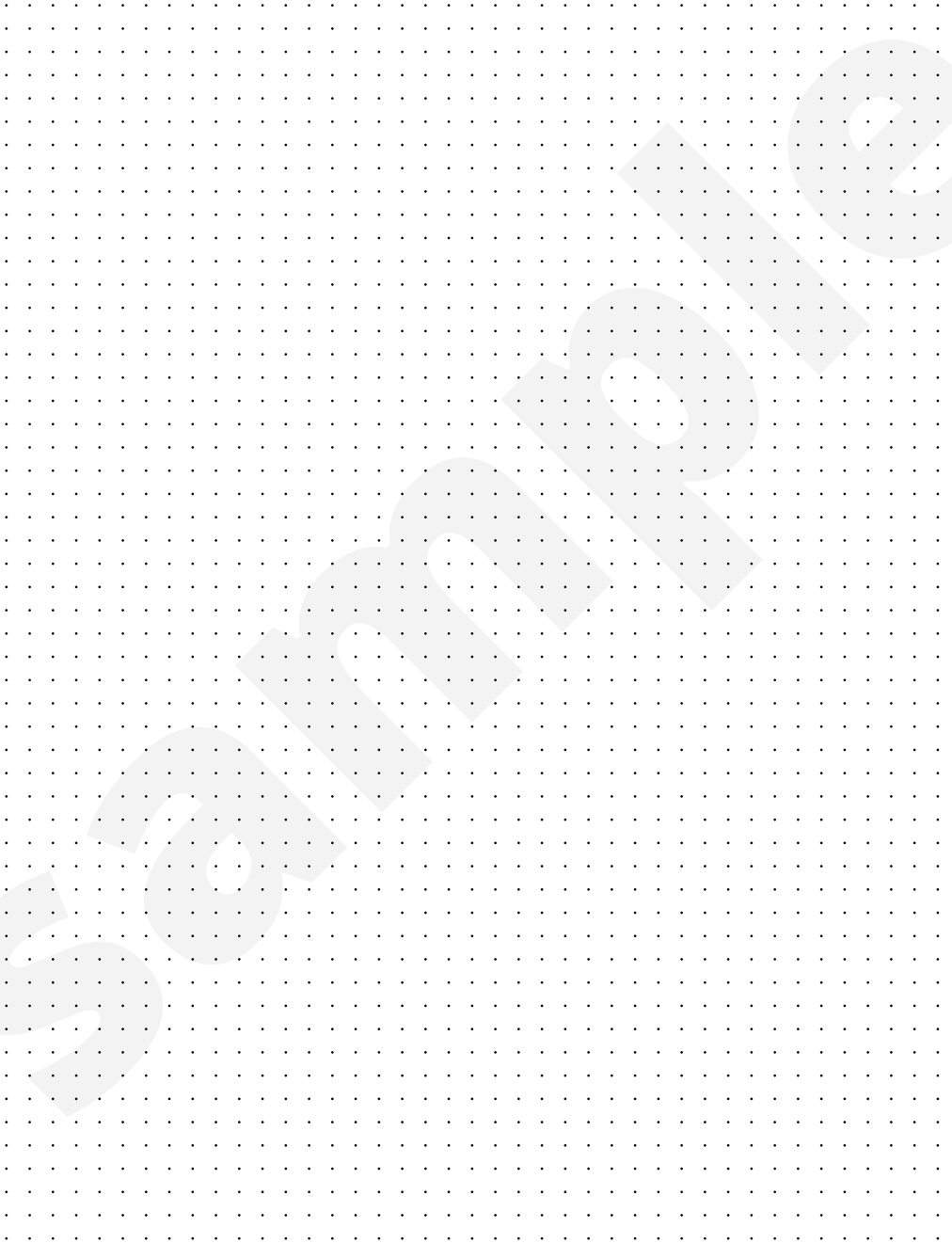
## FRIENDS

- Asparagus and basil
- Beans and squash
- Carrots and lettuce
- Carrots and onions
- Corn and beans
- Garlic and cabbage
- Garlic and peppers
- Lettuce and onions
- Lettuce and radishes
- Onions and brassicas
- Tomatoes and basil
- Tomatoes and onions

## FOES

- All beans should avoid all alliums (onions, garlic, chives, leeks, etc)
- All peas should avoid all alliums
- Brassicas: Avoid tomatoes and peppers
- Carrots: Avoid dill, strawberries, and cabbage
- Cucumber: Avoid sage
- Lettuce: Avoid all brassicas
- Potatoes need their own space
- Tomatoes: Avoid all brassicas

# GARDEN LAYOUT



# STAPLES GARDEN

## What to Plant for a Year

CROP	PLANTS PER PERSON	NOTES
BEAN, GREEN (POLE)	3 TO 5	YIELDS MORE THAN BUSH IN LESS SPACE
BEET	5 TO 10	ALSO HARVEST THE GREENS TO DRY & POWDER
BRUSSELS SPROUT	1 TO 2	SHRED & DEHYDRATE
CABBAGE	2 TO 4	SHRED & DEHYDRATE
CARROT	10 TO 20	SLICE & CAN
CELERY	2 TO 6	SLICE & DEHYDRATE
CORN (SWEET)	6 TO 12	FOR SPACE, IT MAY BE BEST TO PURCHASE
CUCUMBER	2 TO 4	CAN PICKLES, RELISHES
GARLIC	10 TO 15	CURE & STORE IN COOL, DARK PLACE
KALE	3 TO 5	EAT FRESH, DEHYDRATE FOR GREENS POWDER
LETTUCE/SALAD GREENS	5-6	EAT FRESH SALADS, STAGGER PLANTINGS
ONIONS	20	CURE & STORE ON STRING
PEPPERS	5	MINCE & DEHYDRATE
POTATOES	10	SLICE, SHRED, CHUNK AND DEHYDRATE OR CAN
SQUASH/ZUCCHINI	2	SHRED & DEHYDRATE
SWEET POTATO	5	CURE & STORE IN COOL, DARK PLACE
TOMATO	5	CAN
WINTER SQUASH	4	CURE & STORE IN COOL, DARK PLACE